



Join us for a workshop in **Songwriting Works**

with SWW Founder

Judith-Kate Friedman

Promoting health through the power of performance

Attendees will:

- Explore applications of Songwriting Works' best practices and principles for successful program facilitation with older adults and as respite for caregivers.
- Experience how songwriting can be used to enhance cultural awareness, build community, and foster healing and personal growth for older adults across the spectrum of physical and cognitive health.
- Learn about current research in the field of creative aging and how music and arts participation can enhance physical, mental and community health.
- Hear songs and stories composed by elders.
- Access individual and collective voices and find new levels of self-expression.
- Engage in a collective creative process akin to musical mural painting.
- Address issues of program design, funding, and public awareness.

Wednesday, April 16th

8:30 – 9:00 a.m. Registration

9:00 – 2:00 p.m. Workshop

Registration Fee: \$60

(includes lunch and manual)

Ideal for professionals in Healthcare, Creative Arts, Aging, and Life-long Learning
No prior musical background is required.

Where:

Luther Manor's Faith and Education Building.
4545 N. 92nd Street, Milwaukee, WI.
<http://www.luthermanor.org/directions.asp>

Registration:

visit the [Center on Age & Community's website](http://www.aging.uwm.edu)
(www.aging.uwm.edu)

Sponsored by:

- UWM Center on Age & Community
- Luther Manor
- Wisconsin Conservatory of Music
- Alzheimer's Association of Southeastern Wisconsin.